



BUILDING
BLOCKS
PRESCHOOL

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COVID-19 HEALTH & SAFETY PLAN

Dear Building Blocks Families,

We hope that you are safe and healthy. As we enter the inaugural year of Building Blocks Preschool, we have been working carefully and cautiously to develop a plan that prioritizes the health and safety of our students and staff, while also maintaining transformative academics you have come to expect.

Our plan below is informed by CDC guidelines, local health official guidance, and the feedback of our school's community. We value your feedback throughout the year. Please let us know if you have any questions or concerns about safety measures. We want all of our students to be healthy and able to attend school, but we can only do this with your cooperation. Please read the plan carefully.

Thank you for your support!

Kind Regards,

The Building Blocks Preschool Team



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COVID-19 HEALTH & SAFETY MEASURES

The health and safety of our students and staff is our top concern. Therefore, we will be utilizing CDC and local health official guidance to keep students safe, as well as our families' input. It is important to us that our families have a voice in the safety practices we implement at the school.

Daily Arrival- Temperature Checks

Upon arrival, all students and staff will be screened with our non-touch thermometer **prior** to sign in. Students with a temperature of 100.4 or higher will immediately be sent home. The preschool staff will continue to monitor student health throughout the day.

- **Same person drop-off and pick-up, if possible.** Families are asked to assign one family member for drop off and pick up to minimize exposure to multiple people.

Protective Equipment

- All preschool teachers and staff are **required** to wear facial coverings at all times while interacting with students on campus.
- All parents/legal guardians are **required** to wear facial coverings on campus (student sign in/out, parent meetings, etc.)
- Students may wear face coverings if **preferred**. We ask that you send your child with an additional facial covering in the case that it gets dirty or wet. We highly recommend a lanyard or elastic attachment to keep your child(ren)'s facial covering from falling off, getting lost and dirty.

Handwashing and Sanitation

Everyone who enters the building will need to wash hands, and we'll continue to integrate handwashing into the curriculum. Hand sanitizer will be available throughout the center. Students will be monitored when using hand sanitizer and when washing their hands with soap and water to ensure cleanliness.

Classroom Cleanliness:

All learning manipulatives and toys, playground equipment, and other high-touch

surfaces (tables, door handles, sink/sink handles, etc.) will be regularly disinfected and rotated throughout the day, as well as enhancing our nightly cleaning.

- Building Blocks has **minimized student capacity** of 15 students to lower the number of students in the classroom.
- **Restricted classroom access.** To minimize potential COVID-19 exposure, we ask that families do NOT walk their child(ren) to their classroom when you arrive. Instead, please check in with staff at the playground gate or front office. Classrooms will be reserved for teachers and Building Blocks Preschool students only.
- **Social distancing.** To minimize potential exposure, the number of students will be limited per each center and all activities.
- Shared supplies will be kept at a minimal as students will have their own personal supplies for all activities.
- **Naptime adjustments.** Children will sleep (without masks) six feet apart whenever possible and be positioned alternating head to toe or toe to toe. Sheets will be sent home weekly (or daily if preferred) for cleaning.

SIGNS OF ILL HEALTH

STAY HOME IF SICK! If you or your child has been sick, we ask that all household members stay home until they've been symptom-free without medication for at least **48 hours**. Classrooms will be open to well individuals only. Children experiencing any of the following symptoms should not attend school.

- Fever over 100.4 degrees. The child must be fever-free without the aid of medication for a full 48 hours, without medication, before returning to school.
 - Persistent cough
 - The first days of a cold
 - Sore throat with fever and/or white spots on the throat
 - Rash with fever indicating signs of chickenpox, measles, etc.
 - Nausea, vomiting, or diarrhea. The child must be free from symptoms without the aid of medication for 24 hours before returning to school.
 - Red, itchy, draining eyes- Students diagnosed with conjunctivitis (pink eye) must be on prescribed medication for 24 hours before returning to school.
 - Swelling or pain at a level that may interfere with learning
 - Stomach pain
 - Earache
 - Toothache
 - Head lice
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- **Sick space** – If a student displays any of these symptoms during the school day, we will immediately isolate your child and the preschool staff will call the parent or Emergency Contact to request that the child be picked up immediately. We will have a dedicated space (out of the classroom) where teachers can care for sick

children while being separated from others until a family member can come to pick up.

- **COVID-19 SYMPTOMS:**

- Students and staff that have a suspected or confirmed case of COVID-19 will be required to remain off campus, and their return to campus will be predicated on the guidance provided by the CDC and state and local health officials.
 - Current CDC guidance dictates that individuals must isolate for a period of at least 10 days from the onset of symptoms, be free of fever for a period of 72 hours without the aid of medication, and have improving respiratory symptoms prior to being allowed back on campus. This is known as the 72/10 Rule
- ***Please call us immediately in case of an infectious disease! We will immediately inform families and post the presence of any communicable disease.***
 - **Medical Report.** Families may be required to provide a medical report indicating that their child has recovered from a contagious illness.

Facility Adjustments:

COVID-19 prevention, mask requirements, and social distancing signage has been posted throughout our campus.

- **Follow CDC travel guidance.** Please pay close attention to CDC guidance around travel to specific regions. If you travel to these regions, you will need to follow CDC guidance for quarantining yourself and your family before returning to Building Blocks Preschool.